

2017

JANUARY

Moody Civic Center Group Fitness

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
26 New classes & times for Yoga!	27	28	29 5:30 PM - Yoga - Tom	30	31	01
02 No classes	03 5:30 PM - Yoga - Maggie	04 6:15 AM - Spin 5:30 PM - Yoga, Maggie - NEW CLASS & TIME 6:30 PM - Spin - NEW TIME!	05 6:00 PM - Yoga - Tom NEW TIME!	06	07	08
09 6:00 PM - Jazzercise Dance Mix	10 5:30 PM - Yoga - Maggie	11 6:15 AM - Spin 5:30 PM - Yoga, Maggie - NEW CLASS & TIME 6:30 PM - Spin - NEW TIME!	12 6:00 PM - Yoga - Tom NEW TIME!	13	14	15
16 6:00 PM - Jazzercise Dance Mix	17 5:30 PM - Yoga - Maggie	18 6:15 AM - Spin 5:30 PM - Yoga, Maggie - NEW CLASS & TIME 6:30 PM - Spin - NEW TIME!	19 6:00 PM - Yoga - Tom NEW TIME!	20	21	22
23 6:00 PM - Jazzercise Dance Mix	24 5:30 PM - Yoga - Maggie	25 6:15 AM - Spin 5:30 PM - Yoga, Maggie - NEW CLASS & TIME 6:30 PM - Spin - NEW TIME!	26 6:00 PM - Yoga - Tom NEW TIME!	27	28	29
30 6:00 PM - Jazzercise Dance Mix	31 5:30 PM - Yoga - Maggie	01 6:15 AM - Spin 5:30 PM - Yoga, Maggie - NEW CLASS & TIME 6:30 PM - Spin - NEW TIME!	02	03	04	05

For more information and instructor names - check our online calendar at www.moodyciviccenter.com