

# May

## Moody Civic Center Group Fitness Calendar

# 2021

\$2 per class for all Civic Center Members  
\$5 per class for all Nonmembers  
Class Cards are for Members only \$30 for 20 visits

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2	3 5:30p: Yoga	4 10:30: Silver & Strong 5:30p: Spin	5 5:30p: Yoga	6 10:30 Silver & Strong 5:30p: Spin	7	8
9	10 5:30p: Yoga	11 10:30: Silver & Strong 5:30p: Spin	12 5:30p: Yoga	13 10:30 Silver & Strong 5:30p: Spin	14	15
16	17 5:30p: Yoga	18 10:30 Silver & Strong 5:30p: Spin	19 5:30p: Yoga	20 10:30 Silver & Strong 5:30p: Spin	21	22
23	24 5:30p: Yoga	25 10:30: Silver & Strong 5:30p: Spin	26 5:30p: Yoga	27 10:30 Silver & Strong 5:30p: Spin	28	29
30	31 Closed for Memorial Day					

### Civic Center News & Updates:

- Current Classes: Silver & Strong, Spin, and Yoga
- Please call to reserve your spot for all evening classes on the day of class. Class space is limited.
- MYA Cheer Registration –May 10<sup>th</sup> at 6:00pm-8:00pm in Room #1
- St. Clair County Sports Hall of Fame Banquet - May 15<sup>th</sup> at 6:00 pm in Gym #2
- Volleyball Camp – June 1<sup>st</sup> to June 4<sup>th</sup>
- Room rentals are available for your event. Call our front desk for information at 205-640-0321.
- Check us out on Facebook!!  
[www.facebook.com/moodyalabamaciviccenter](https://www.facebook.com/moodyalabamaciviccenter)

### Civic Center Instructors

Silver & Strong: Trish Kelly  
Spin: Hunter Wallace  
Yoga: April Cook

Moody Civic Center  
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[www.moodyciviccenter.com](http://www.moodyciviccenter.com)